

Creative Meal Solutions  
Great Food  
No Hassle

# LUCY'S RAVIOLI KITCHEN & MARKET

The Business Lunch Bunch  
Meals to Go  
Party Trays

## Breakfast & Brunch Menu

### Hot Items

Frittata . . . \$30.00 (serves 12)

Quiche . . . \$15.00 (serves 8)

Spinach & Feta Filo Pie. . . \$40.00 (serves 12)

### Cold Items

Assorted Pastries: \$3.00 per person

( choice of: Muffins, Scones, Danish, Bagels and Croissants)

Smoked Salmon Platter. . . \$55.00

Fruit Salad. . . \$5.95/lb

### Fruit Platter

A variety of the best fruit in season!

Small serves 10 . . . \$50.00 w/cheese \$65.00

Large serves 15 . . . \$75.00 w/cheese \$95.00

Selection of tea and Small World Brewed Coffee box \$17.00  
(serves 9)

Includes condiments and paper products

Juices available on request

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## GREEN SALADS

Arugula & Strawberries  
Spinach Salad  
Caesar Salad  
Crudit  Salad  
California Salad  
Ni oise Salad  
Caesar Salad w/Grilled Chicken  
Cedar Plank Salmon on Greens  
Mediterranean Chicken Salad  
Chef's Salad

## COLD SALADS

Roasted Beets, Carrots & Walnut  
Bistro Potato  
Mom's Macaroni  
Traditional Potato  
Wheatberry Salad w/Raisins  
& Pine Nuts  
Waldorf Salad w/Brown Rice  
Chick Peas, Cucumbers, &  
Carrots Salad w/Shallot  
Vinaigrette  
Mozzarella Salad w/Tomatoes,  
Calamata Olives & Red Onion  
Barley, Cucumber & Tomato  
Salad w/Lime Juice  
High Energy Salad  
Soy Beans, Feta Cheese,  
Carrots & Peppers

## PASTA SALADS

Ditalini, White Beans,  
Garlic & Spinach  
Penne w/Marinated Tomatoes  
Mediterranean Pasta Salad  
Angel Hair  
w/Fresh Tomatoes & Basil  
Pipettes  
w/Shitake Mushroom Sauce  
Spicy Orange Noodle Salad  
Pipettes w/Arugula & Sun-dried  
Tomato Dressing  
Lemon Herb Fettuccine  
w/Roasted Asparagus  
Roasted Red Pepper Fettuccine  
w/Fresh Mozzarella  
Penne w/Spinach, Pine Nuts &  
Roasted Red Bell Peppers  
Japanese Eggplant Noodle Salad  
Angel Hair Pasta w/  
Pesto & Pine Nuts  
Penne w/Oven Roasted Cherry  
Tomatoes, Red Peppers  
& Eggplant  
Pipette Pasta w/Caramelized  
Onions & Butternut Squash  
Cheese Tortellini w/Sun-dried  
Tomato Pesto & Fresh Tomatoes  
Fettuccine w/Roasted Red  
Peppers, Sicilian Olives, Capers  
& Feta Cheese  
Cheese Tortellini w/Roasted  
Red Peppers, Pine Nuts &  
Baby Spinach

## VEGGIES & SIDES

Escarole, White Beans  
& Tomatoes  
Asparagus w/Homemade Mayo  
Saut ed Sugar Snap Peas  
Oven Roasted Carrots  
Roasted Rosemary Potatoes  
Scalloped Potatoes  
Eggplant Rollattini  
Steamed Zucchini, Red  
Onions & Tomatoes  
Roasted Herb Parsnips  
Roasted Ratatouille  
Steamed Baby Spinach w/Garlic  
Stir Fried Watercress  
Summer Ratatouille  
Green Beans w/Dried  
Cranberries & Orange Zest  
Greek Style Green Beans  
Green Beans with Shallots,  
Pine Nuts & Dill  
Steamed Spinach w/Golden  
Raisins & Pine Nuts  
Roasted Cauliflower Oreganata  
Harvest Wild Rice Salad  
Broccoli Rabe w/Garlic & Roasted  
Red Peppers  
Steamed Broccoli  
w/Roasted Garlic  
Asian Collard Greens

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## ENTRÉE SALADS

These heartier salads are priced to serve 10 guests.

**Baby Spinach Salad with Grilled Chicken**  
Hard Boiled Eggs, Smoked Bacon and Spiced  
Walnuts with a Dijon Vinaigrette

\$75.00

**Caesar Salad with Grilled Chicken**  
Croutons Shaved Locatelli Cheese

\$75.00

With Grilled Shrimp

\$85.00

**Grilled & Marinated Flank Steak**  
over Romaine Lettuce, Grilled Red Onions and  
Cherry Tomatoes Balsamic Vinaigrette

\$75.00

**Goat Cheese, Dried Cranberries**  
Spiced Walnuts, Spring Mix, Carrots, Croutons  
with a Strawberry Vinaigrette

\$65.00

**Poached Shrimp with Hearts of Palm**  
Spring Mix with Cherry Tomatoes, Cucumbers  
and Russian Dressing

\$85.00

**Chef's Salad**  
with our own Ham, and Roasted  
Turkey, Swiss Cheese, Hard Boiled Egg,  
Cherry Tomatoes, Croutons and  
a Dijon Vinaigrette

\$65.00

**Antipasto Salad**  
with Genoa Salami, Provolone  
Cheese, Capicola, Hot Cherry Peppers and  
Artichoke Hearts with a Red Wine Vinaigrette

\$65.00

**Greek Salad**  
Romaine Lettuce, Feta Cheese, Chunky  
Cucumbers, Kalamata Olives, Cherry Tomatoes  
& Tzatziki Dressing

\$65.00

All salads come in a disposable bowl and lid with paper products and serving utensils.

Rolls and butter \$6.99 dz.

**Don't forget to ask about our famous cookies or brownie tray!**

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## MAINS

### PASTA DISHES

One Tray 10-12 Servings

- Baked Ziti . . . \$50/tray
- Baked Macaroni & Cheese . . . \$50/tray
- Penne w/Vodka Sauce . . . \$45/tray
- Tortellini al Forno . . . \$50/tray
- Cheese Lasagna . . . \$55/tray
- Sausage & Mushroom Lasagna . . . \$55/tray
- Vegetable & Cheese Lasagna . . . \$55/tray

### SPECIALTIES

- Meatballs & Sauce. . . \$9.95/lb
- Sweet Italian Sausage & Peppers. . . \$9.95/lb
- Eggplant Rollattini . . . \$9.95/lb
- Manicotti . . . \$9.95/lb
- Chicken Picatta w/Lemon Caper Sauce. . . \$13.95/lb
- Chicken Marsala w/Mushroom Sauce. . . \$13.95/lb
- Chicken Cacciatore. . . \$13.95/lb
- Chicken Parmesan. . . \$13.95/lb
- Rotisserie Chicken . . . \$5.49/lb
- Italian Bread & Butter. . . \$5.99    Cibatta Rolls & Butter. . . \$6.99 per dz

### DESSERTS

- Jumbo Chocolate Chip or  
Oatmeal Raisin Cookies. . . \$2.00 ea
- Assorted Biscotti. . . \$1.75 ea.
- Assorted Italian  
Mini Pastries. . . \$15.00 per dz
- Assorted Brownie Platter. . . . \$30.00 (24 pcs)

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## FOR THE BUSINESS LUNCH BUNCH

**\$12.50 PP**

Choice of Sandwiches from  
our Sandwich list  
one salad  
Lucy's Famous Cookies  
Assorted Beverages

**\$13.75 PP**

Choice of Sandwiches from  
our Sandwich list  
Choice of two salads  
Lucy's Famous Cookies  
Assorted Premium Beverages

**\$14.75 PP**

Choice of Sandwiches from  
our Sandwich list  
Choice of three salads  
Lucy's Famous Cookies  
Assorted Premium Beverages

## SANDWICHES

**Lucy's Roast Beef - \$6.95**

with Our Own Horseradish Sauce, Lettuce  
& Tomato on Rye Bread.

**Grilled Veggies w/Portobello Mushroom - \$6.95**

with Our Own Goat Cheese Spread or Our Own  
Hummus on Health Grain Bread.

**Smoked Turkey with Gouda - \$6.95**

with Sundried Tomato Pesto, Lettuce & Tomato  
on a Hard Roll.

**Lucy's Turkey Classic - \$6.95**

with Our Herb Roasted Turkey with Cranberry  
Sauce & Mayo, Lettuce & Tomato on a Kaiser Roll.

**Lucy's Herb Roasted Turkey - \$6.95**

with French Brie, Honey Mustard, Lettuce &  
Tomato on a Traditional or Soft Baguette.

**Italian Prosciutto de Parma - \$8.95**

with fresh Mozzarella, Oil and Balsamic Vinegar or  
Lucy's Basil Pesto on a Traditional or  
Soft Baguette.

**Lucy's Smoked Country Ham - \$6.95**

with Sharp Cheddar, Grainy Mustard, Lettuce &  
Tomato on Rye Bread.

**The Italian Combo - \$6.95**

with Genoa Salami, Capocolo, Prosciutto, Provolone,  
Marinated Roasted Peppers, Oil & Balsamic  
Vinegar, Lettuce & Tomato on a Traditional or  
Soft Baguette.

**Fresh Mozzarella - \$6.95**

with Marinated Roasted Red Peppers, Basil Pesto  
and Tomato on a Traditional or Soft Baguette.

**Albacore Tuna Salad - \$6.95**

with Lettuce & Tomato on Health Grain Bread.

All lunches include disposable utensils, paper products and are provided on disposable trays.

Orders must be placed before 2:00 pm the previous day. Minimum 8 people for delivery. \$10.00 delivery fee.

We roast all our own meats at Lucy's. Our cookies are baked right here in our kitchen.

Our bread comes from Hoboken and NYC bakeries. All this, and of course, our own fresh made pasta.

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## ROLLERS

Rollers served on a choice of flat breads. \$6.50 each  
Available by special order only; min./3 per selection.

### Avocado Roller

Avocado, Swiss cheese, carrots,  
lettuce & Dijon mayo

### Chicken & Prosciutto

Roasted chicken breast, spinach,  
Swiss cheese, sautéed prosciutto  
& basil mayo

### Smoked Ham & Brie

Smoked ham, brie, honey  
mustard, lettuce & tomato

### Smoked Gouda

Smoked Gouda cheese, grilled  
artichokes, honey mustard  
& mesclun greens.

### Turkey Roller

Turkey, jack cheese, mayo,  
roasted red pepper  
& lettuce

### Chicken Salad

Our own made chicken salad, with  
apples, celery, mayo, tomato,  
& lettuce

### Caesar Salad & Chicken

Romaine lettuce, Caesar dressing,  
chicken & shaved Parm

### Roasted Chicken Roller

Chicken, cheddar cheese,  
lettuce & Santa Fe mayo

### Grilled Veggie Roller

Goat cheese spread, eggplant,  
zucchini, Portobello mushroom  
& lettuce

### Nicoise Roller

Tuna, capers, lemon juice, olives,  
lettuce, tomatoes & lemon mayo

### Smoked Turkey Roller

Smoked turkey, cheddar cheese,  
Santa Fe mayo, & lettuce

### Vegetarian Roller

Hummus, carrots & lettuce

### Watercress & Goat Cheese

Our own made goat cheese  
spread with watercress  
cucumbers & carrots

### Carrot & Cheddar

Grated carrots, cheddar cheese  
and cucumbers with a shallot  
vinaigrette

### Garden Egg Salad Roller

Egg salad, carrots, celery,  
mayo & lettuce

### Grilled Zucchini Rollers

Grilled zucchini, organic mesclun  
mix & crumbled blue cheese

### Cedar Roasted Salmon

Roasted salmon, watercress,  
sprouts, chives, shredded  
carrots & lemon mayo

### Spinach Roller

Fresh spinach, cucumber,  
tomatoes & mushrooms with  
roasted red pepper mayo

### California Tuna Roller

Our own made tuna salad, mayo,  
lettuce, carrots, celery, raisins  
& and a drop of honey

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## CANAPÉS TREATS FOR ENTERTAINING

Minimum order for each selection is two dozen. Ready to put on your YOUR platter at home.

### Seared Tuna Canapés

Sushi grade tuna seared rare and served on rice crackers

1 dozen . . . \$20.00

### Smoked Salmon Napoleon Canapés

Layers of smoked salmon and dill cream cheese on pumpernickel

1 dozen . . . \$18.00

### Beef Canapés

Black peppercorn roast beef w/ stilton spread served on toast round

1 dozen . . . \$18.00

### Frittata Canapés

With a variety of fillings cut into triangles warm and serve

1 dozen . . . \$15.00

### Crab Cakes

Lucy's house made lump crab cakes.

1 dozen . . . \$20.00

### Risotto Supplie

Risotto style rice rolled in a ball and stuffed with gorgonzola cheese, breaded and fried.

1 dozen . . . \$12.00

### Assorted Quiche

Broccoli & Cheddar and traditional Lorraine.

1 dozen . . . \$14.00

### Spinach Triangles

Spinach and feta cheese wrapped in filo dough

1 dozen . . . \$14.00

### Mini Assorted Savory Tarts

Wild mushroom, caramelized onion & rosemary, sun-dried tomato and goat cheese

1 dozen . . . \$16.00

(1 dozen each flavor minimum)

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## COCKTAIL TRAYS FOR ENTERTAINING

These items are great for re-heating. Put them out in your chaffer or on a platter.  
These bite size options are perfect for a buffet with small plates and forks.

### **Eggplant Rollattini**

breaded eggplant filled with farm fresh ricotta cheese  
(8 pieces per pound) . . \$8.95/lb

### **Chicken Marsala**

chicken tenders sautéed lightly in Marsala wine with mushrooms  
(8 pieces per pound). . . \$13.95/lb

### **Chicken Piccata**

chicken tenders sautéed lightly in white wine with capers & lemon  
(8 pieces per pound). . . \$13.95/lb

### **Sesame Chicken Fingers**

sesame chicken fingers with peanut marmalade sauce  
(10 pieces per pound). . . \$13.95/lb

### **Chicken Wings**

with lemon herb or black bean sauce  
(12 pieces per pound) . . . \$8.95/lb

### **Meatballs**

with our own made tomato sauce or sweet and sour sauce. Small torpedo rolls available upon request.  
(6 pieces per pound) . . . \$8.95/lb

### **Sweet Italian Sausage**

with peppers and onions. Small torpedo rolls available upon request.  
(2" pieces / 12 pieces per pound). . . \$8.95/lb

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## PLATTERS FOR ENTERTAINING

All of our platters are fully garnished and ready to serve. Just pop the top and your party can start.

### Bruschetta Platter

Traditional Bruschetta with Tomato Fresca  
serves 15 . . \$40.00

### Charcuterie Platter

Our own roasted beef, turkey &  
country ham with two cheeses, garnishes,  
condiments & rolls

Small serves 10 . . \$80.00  
Large serves 15 . . \$120.00

### Antipasto Platter

Salami, Prosciutto, imported cheeses, roasted  
red pepper salad, grilled artichokes  
and all the garnishes

Small serves 10 . . \$65.00  
Large serves 15 . . \$95.00

### Fruit Platter

A variety of the best fruit in season!

Small serves 10 . . \$50.00 w/cheese \$65.00  
Large serves 15 . . \$75.00 w/cheese \$95.00

### Smoked Salmon Platter

Sliced smoked salmon served with  
scallion cream cheese, capers and  
health grain bread

2 lb. side . . . \$55.00

### Crudité Basket

A beautiful display of fresh vegetables, some  
raw, some blanched. Served with our  
classic herb dip.

Small . . \$55.00  
Large . . \$75.00

### Grilled Vegetable Platter

Includes eggplant, zucchini, carrots, grilled  
artichoke hearts, roasted red peppers,  
scallions and whatever the market brings.

Small . . \$55.00  
Large . . \$75.00

### Marinated & Grilled Flank Steak Platter

Marinated flank steak sliced (served room  
temp.) with horseradish cream sauce, grilled  
red onions and rolls.

Serves 10 . . \$85.00

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### Imported Cheese Platter

A variety of imported cheeses fill this tray, garnished with fruit, accompanied by crackers, bread & Macy's cheese sticks.

A great start to a party!

Small serves 10 . . . \$65.00

Large serves 15 . . . \$95.00

### Brioche/Tea Sandwich Platter

Assorted "Tea Sandwiches" served on small brioche rolls; ham & brie, roast turkey w/chutney, goat cheese w/watercress

Serves 10 . . . \$65.00

### Vegetarian Greek Platter

Hummus, tabouli, feta cheese, stuffed grape leaves, cucumber slices & pita chips.

Serves 10 . . . \$55.00

### Lucy's Smoked Country Ham Platter

Our own country baked ham, sliced and plated with handmade biscuits, chutney & honey mustard.

Serves 10 . . . \$75.00

### Poached Organic Salmon Platter

Whole poached organic salmon with a lemon scented caper oil.

Serves 10 . . . MKT Price

### Beef Tenderloin Platter

Whole beef tenderloin cooked medium rare and sliced thinly, served with horseradish sauce.

Serves 10 . . . MKT Price

### Fajita Platter

Marinated chicken or flank steak grilled, served with all the fixin's and tortillas

Serves 10 . . . \$80.00 (beef)

\$70.00 (chicken)

### Grilled Marinated Chicken Platter

Served with vegetable coleslaw

Serves 10 . . . \$79.00

### Cedar Plank Roasted Salmon Platter

A side of salmon roasted and served with wasabi mayo and sliced baguettes.

Serves 10 . . . \$70.00

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## PLATTERS FOR ENTERTAINING

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### **Mini Croissant Sandwich Platter**

Great for a luncheon or business meeting  
Lucy's chicken salad, brie & ham & grilled eggplant & goat cheese  
\$35.00 per dozen

### **Stuffed Chicken Breast Platter**

Chicken breasts stuffed with a mushroom mixture, poached, sliced and  
served cold w/a remolaude sauce  
(serves 10-12) . . . \$79.00 per tray

### **Assorted Lucy's Sandwich Platter**

Choose from our list of sandwiches  
Minimum 8 sandwiches. . . . \$7.25 ea.

### **Trio of Dips**

Artichoke & Lemon, Point Reyes Blue Cheese, Hummus  
Served w/pita chips and toasts  
(serves 10-15) . . . \$45.00 per tray

### **Mini Brie with Toppings**

Three imported ripe Brie - one with pesto  
topping, one with candied dried fruit & nuts  
and one with apple chutney.  
(serves 15) . . . \$45.00

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## VEGETARIAN ENTRÉES

### Asian Style Tofu Stir Fry

Assorted fresh vegetables stir  
fried with tofu.

Minimum 10 . . . \$8.95/lb

### Stuffed Peppers

Peppers stuffed with Arborio Rice and  
sautéed vegetables & cheese.

Minimum 10 . . . \$8.95/lb

### Polenta Romano

Layers of polenta, ricotta cheese  
and tomato ragu.

One per person (Minimum 10) . . . \$8.95/lb

### Baked Ziti

Our own pasta, tomato ragu, fresh basil, and  
farm fresh cheese mixed together and baked.

One tray serves 12-15 people . . . \$45.00

### Baked Vegetable & Pasta Au Gratin

Vegetables mixed with a cheese sauce,  
fresh pasta, then baked.

One tray serves 12-15 people . . . \$50.00

### Eggplant Rollatini

Baked and breaded eggplant filled with  
ricotta and mozzarella cheese, topped  
with our tomato ragu.

We suggest two per person . . . \$ 8.95/lb

### Individual Vegetarian Pot Pies

Assorted vegetables mixed in a cream  
sauce & topped with puff pastry.

Minimum 10 . . . \$4.95 each

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## CHICKEN DISHES FOR ENTERTAINING

We use only Murray's Natural Chickens from Lancaster County both boneless breast and "Frenched" breast - with the wing joint attached. Call for pricing.

### **Chicken Marsala**

Sautéed boneless breast with mushrooms and a Marsala wine sauce.

### **Chicken Piccata**

Sautéed boneless breast with a wine white lemon sauce, garnished with capers and chopped tomatoes.

### **Chicken Parmesan**

Fresh bread crumbs, fresh mozzarella and our tomato ragu make this traditionally prepared classic great.

### **Chicken Carnavale**

Sautéed boneless breast made with plum tomatoes, red and yellow peppers and fresh mushrooms.

### **Sun-Dried Tomato Crusted Chicken**

Boneless breast dipped in fresh bread crumbs and sun-dried tomatoes. Topped with a compound butter of capers, lemon and lemon juice.

### **Stuffed Chicken Breast**

Stuffed with spinach and mozzarella, breaded and fried crispy.

### **Grilled Pesto Chicken**

Boneless breast seasoned with our homemade pesto then grilled.

### **Roasted Garlic Chicken Au Jus**

"Frenched" chicken breast soaked in roasted garlic au jus.

### **Smothered Chicken**

"Frenched" chicken breast smothered with caramelized onions, chicken stock and white wine.

### **Chicken Sesame Fingers**

Chicken strips dipped in egg batter, coated with black and white sesame seeds and served with peanut soy marmalade.

and more...